

Team Plymouth

Making a Sporting Difference



Name: Calum Jarvis

Sport: Swimming

Club: Plymouth Leander Swimming Club

Age: 16

Status: Calum is an extremely talented athlete who is a National Youth Champion, Welsh Junior International, Commonwealth Youth Medalist and British Record Holder. In March 2008 Jarvis Broke the British and Welsh Record for under 16 200 meter backstroke, later in 2008 he competed in the youth Commonwealth Games in India and was a member of yje 4X200 meter freestyle team. The team set a new Welsh record and come second in the event.

Ambitions: During 2009 Calum is going to try to break the Under 17 200 meter backstroke record at the British championships and to qualify for the European Juniors to be held in Prague. Past 2009 Mr Jarvis is llokimng to qualify and compete for the Commonwealth Games and the Olympics.

Training Demands: Calum has an extremely intensive training programme and has ten 2 hour training sessions per week. In addition Jarvis has 3 strength and conditioning sessions a week.

