

# COACH EDUCATION COURSES 2011



All of the below courses have been organised by Plymouth City Council's Sports Development Unit and will be held at:

**Plymouth City Council, Windsor House, Tavistock Road, Plymouth, PL6 5UF**

## **SAFEGUARDING & PROTECTING CHILDREN:**

*Protect yourself, the young people you are coaching and your employer by understanding and following good coaching practice. Learn about child abuse and how to handle situations if you have concerns.*

DATE	DAY	TIME	COST (NON-ACCREDITED CLUBS)	COST (ACCREDITED CLUBS*)
26 <sup>th</sup> January	Wednesday	6.30 – 9.30pm	£30.00	£25.00
16 <sup>th</sup> February	Wednesday	6.30 – 9.30pm	£30.00	£25.00
28 <sup>th</sup> April	Thursday	6.30 – 9.30pm	£30.00	£25.00
25 <sup>th</sup> May	Wednesday	6.30 – 9.30pm	£30.00	£25.00
12 <sup>th</sup> July	Tuesday	6.30 – 9.30pm	£30.00	£25.00
17 <sup>th</sup> October	Monday	6.30 – 9.30pm	£30.00	£25.00
16 <sup>th</sup> November	Wednesday	6.30 – 9.30pm	£30.00	£25.00

## **SAFEGUARDING & PROTECTING CHILDREN TWO – REFLECTING ON PRACTICE:**

*Build on knowledge gained since the first 'Safeguarding and Protecting Children' workshop and share best practice through scenarios and reflection upon the experiences of participants.*

DATE	DAY	TIME	COST (NON-ACCREDITED CLUBS)	COST (ACCREDITED CLUBS*)
22 <sup>nd</sup> March	Tuesday	6.30 – 9.30pm	£30.00	£25.00
20 <sup>th</sup> June	Monday	6.30 – 9.30pm	£30.00	£25.00
20 <sup>th</sup> September	Tuesday	6.30 – 9.30pm	£30.00	£25.00
12 <sup>th</sup> December	Monday	6.30 – 9.30pm	£30.00	£25.00

## **EQUITY IN YOUR COACHING:**

*Everyone should have access to sport, regardless of gender, age, race, ability, faith or sexual orientation. As a coach, you have an important role to play in ensuring this happens. The workshop will help you to apply and extend your existing skills to meet the needs of present and potential participants.*

DATE	DAY	TIME	COST (NON-ACCREDITED CLUBS)	COST (ACCREDITED CLUBS*)
21 <sup>st</sup> February	Monday	6.30 – 9.30pm	£35.00	£30.00
5 <sup>th</sup> July	Tuesday	6.30 – 9.30pm	£35.00	£30.00

**Don't miss out!** Plymouth City Council's Sport & Recreational Grant Aid scheme offers individuals, voluntary sports clubs and organisations financial assistance of up to **£500!** Visit [www.plymouth.gov.uk/sportsgrantaid](http://www.plymouth.gov.uk/sportsgrantaid) for more information and an application form.

*Please turn over for more coach education courses*

## HOW TO COACH DISABLED PEOPLE IN SPORT:

*This workshop tackles questions that are frequently asked by sports teachers, coaches and participants about how to work with disabled sports people. It offers new ideas for inclusion and advice on how to plan a session or make minor adjustments to the way you work.*

DATE	DAY	TIME	COST (NON-ACCREDITED CLUBS)	COST (ACCREDITED CLUBS*)
12 <sup>th</sup> May	Thursday	6.30 – 8.30pm	£25.00	£20.00
2 <sup>nd</sup> November	Wednesday	6.30 – 8.30pm	£25.00	£20.00

## COACHING CHILDREN & YOUNG PEOPLE:

*Discover the needs and motivation of young players. Learn how to deliver effective coaching sessions to meet the level of skill, developmental stage and motivation of each young player.*

DATE	DAY	TIME	COST (NON-ACCREDITED CLUBS)	COST (ACCREDITED CLUBS*)
11 <sup>th</sup> April	Monday	6.30 – 9.30pm	£30.00	£25.00
5 <sup>th</sup> December	Monday	6.30 – 9.30pm	£30.00	£25.00

## A CLUB FOR ALL:

*Find out how your club can benefit from welcoming all members of the community and the benefits it brings. This workshop is best suited for Club Officials.*

DATE	DAY	TIME	COST (NON-ACCREDITED CLUBS)	COST (ACCREDITED CLUBS*)
16 <sup>th</sup> March	Wednesday	6.30 – 9.30pm	£35.00	£30.00
25 <sup>th</sup> October	Tuesday	6.30 – 9.30pm	£35.00	£30.00

## EMERGENCY FIRST AID:

*Learn about emergency treatment before professional help arrives to reduce the effects of illness and injury, and indeed save someone's life.*

DATE	DAY	TIME	COST (NON-ACCREDITED CLUBS)	COST (ACCREDITED CLUBS*)
9 <sup>th</sup> & 10 <sup>th</sup> February	Wed & Thursday	6.30 – 9.30pm	£35.00	£30.00
14 <sup>th</sup> & 21 <sup>st</sup> June	Tuesday (both days)	6.30 – 9.30pm	£35.00	£30.00
10 <sup>th</sup> & 11 <sup>th</sup> October	Monday & Tuesday	6.30 – 9.30pm	£35.00	£30.00

## POSITIVE BEHAVIOUR MANAGEMENT IN SPORT:

*Increase your awareness of the behaviour of young people and the impact your own behaviour may have on others.*

DATE	DAY	TIME	COST (NON-ACCREDITED CLUBS)	COST (ACCREDITED CLUBS*)
8 <sup>th</sup> March	Tuesday	6.30 – 9.30pm	£40.00	£35.00
26 <sup>th</sup> September	Monday	6.30 – 9.30pm	£40.00	£35.00

\* **£5.00 reductions!** Any club that has been awarded Plymouth City Council's Club Accreditation award for Good Practice is entitled to this reduction. For more information about the accreditation scheme please ring 01752 307137.

TO BOOK PLEASE CALL: **01752 307008**